

Sample Activity Calendar

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



LIVE NOW
by **CHARTWELL**

Chartwell Deerview Crossing Retirement Residence

**460 Rymal Road West
Hamilton, Ontario
289-309-7436**

01		02	
9:00	Aroma Relaxation Yoga	10:00	Bistro Treats
9:30	Rhythm & Moves	11:00	Seated Basketball with Valentina!
11:00	Pet Visit with Elliot	2:00	Political Presentation
2:00	June Birthday Party! Live Music- Wyatt Ladd	6:30	Evening Games
6:30	Evening Games		

03		04		05		06		07		08		09	
	Food Drive All Month!	9:00	Tai' Chi with Heather	9:00	Meditation in the Garden	10:00	Stretch & Relaxation	9:00	Voting Poll in Main Lobby	9:00	Aroma Relaxation Yoga	10:00	Bistro Treats
10:00	Bistro Treats	9:30	The Weekly Puzzler	9:30	Burlington Lakeshore	2:15	VON General Exercise	9:30	Gentle Exercise- Bands	9:30	Gentle Exercise-Weights	2:00	Pitch N' Pennies Game
11:00	This Day in History	9:30	Gentle Exercise-Weights		Concert & Lunch Outing	2:30	Wine Wednesday	10:00	Bus Trip- St. Jacobs	10:00	Vendor- Traditions		With Haley
	Articles! Pick up in bistro	11:00	Milkshake Morning!	10:30	Anglican Communion		*Wine & Cheese		Market		Alive: Clothing	6:30	Movie Night-
2:00	Walk outside on path!	2:00	Bingo	2:00	Live Music- BGT Choir	3:15	VON Fall Prevention	1:00	VON General Exercise	10:15	Bus- Flamboro Casino		* American Sniper
6:30	Euchre	3:15	Word Games		The sounds of Summer	6:30	Deerview Derby Horse	2:00	Bingo	2:30	Happy Hour Games-		
		6:30	Monday Night TV: *The Golden Girls	6:30	Euchre		Races	3:15	Bus- Scenic Drive		Beer Pong		
								7:00	Bridge	6:30	Euchre		
10		11		12		13		14		15 Elder Abuse Awareness		16	
	Food Drive All Month!	9:00	Tai' Chi with Heather	9:00	Meditation in the Garden	10:00	Stretch & Relaxation	9:30	Gentle Exercise-Weights	9:00	Aroma Relaxation Yoga	10:30	Bistro Treats
10:00	Bistro Treats	9:30	The Weekly Puzzler	9:30	Gentle Exercise- Bands	11:00	FitMinds	10:15	Bus- Fish & Chips in Port Dover	9:30	Bus Trip- Elder Abuse	11:00	Dad's & Donuts
2:00	Protestant Church	9:30	Gentle Exercise-Weights	11:00	You be the Judge!	2:00	Blood Pressure Clinic				Presentation at the Hamilton Police Station		Coffee Café Hour with Heather. Share Stories, All Welcome!
6:30	Musical Movie Night- Singing in the rain	10:00	The Bookmobile	1:30	Mystery Bus Trip- \$10	2:15	VON General Exercise	11:00	Vendor-Crystals by Cathy		Bring an Item and share	2:00	Piano Student Concert
		10:30	Bus- Garden Centre	2:00	Poker with Afternoon	2:30	Waffle Wednesday	2:00	Bingo	2:00	Show & Tell- Sign-up		6:30
		2:00	Bingo	6:30	Live Entertainment by Donny Dunham		Strawberry Social! Music By Garth Trails	2:30	Bus-Grand Dad's Donuts	6:30	Euchre		*Movie Night-
		3:15	Word Games					3:00	Billiards & Beer				*Hacksaw Ridge
		6:30	Monday TV: Golden Girls			3:15	VON Fall Prevention	7:00	Bridge				
17 FATHER'S DAY		18		19		20		21 Cancer Awareness Day		22		23	
	Food Drive All Month!	9:00	Tai' Chi with Heather	9:00	Meditation in the Garden	10:00	Stretch & Relaxation	9:00	Aroma Relaxation Yoga	9:30	Gentle Exercise	10:00	Bistro Treats
10:00	Bistro Treats	9:30	The Weekly Puzzler	9:30	Gentle Exercise	10:00	Vendor-Leather Bag Lady	9:30	Gentle Exercise- Bands	10:00	Vendor- Spring Market		* Peanut Butter Goodies
10:30	Happy Hiker Walk & Chat	9:30	Gentle Exercise- Bands	10:15	Bus Trip- The Dutch Mill	11:00	FitMinds	10:15	Bus- Lynden Park Mall	11:00	Lemonade Social on the Patio	2:00	Coin & Coffee Chat with Glen!
1:00	Father's Day Ice Cream	11:00	You be the judge!	10:30	Anglican Communion	2:15	VON General Exercise	11:00	Daffodil Décor Sign-up!				
	Sunday Carnival! *Families Welcome	1:00	Green Thumb Club	12:00	Captain's Table Lunch	2:30	Classic Car Tea Social	1:45	Bus Trip- Ice Cream!	2:00	Cooking Demo	6:30	Movie Night-
6:30	Movie Night-	2:00	Bingo	2:00	Root Beer Float Drive In *concession stand open	3:15	VON Fall Prevention	2:00	Cancer Survivor Social with Tristan Alexander	6:30	Movie Night- Dinner at the Ritz		* Guys & Dolls
	Indiana Jones	3:15	Word Games		Movie: Funny Face	6:30	Deerview Derby Horse						
		6:30	Monday TV: Golden Girls				Races	3:15	Bingo				
24		25		26		27		28		29		30	
	Food Drive All Month!	9:30	Gentle Exercise	9:00	Meditation in the Garden	10:00	Stretch & Relaxation	9:30	Gentle Exercise- Bands	9:00	Aroma Relaxation Yoga	10:30	Bistro Treats
10:00	Bistro Treats	9:30	The Weekly Puzzler	9:30	Gentle Exercise-Weights	11:00	FitMinds	10:00	Bus- Lime Ridge Mall	9:30	Gentle Exercise-Weights	11:00	Surprise Activity with Parry!
10:30	Happy Hiker Walk & Chat	10:00	The Bookmobile	10:15	Calendar Meeting	2:15	VON General Exercise	11:00	50's & 60's Milkshakes	10:15	Bus- Grand River Cruise		
2:00	Hymn Sing-Along	11:00	Board Games	11:00	Bus Trip- Walmart	2:30	Wine Wednesday		Milkshake Morning!	2:00	Movie Matinee-	2:00	Movie Matinee-
	& Stories on 2nd Floor memory neighbourhood	2:00	Loonie Bingo	2:00	Watermelon Picnic Outside!		*Wine & Cheese	1:00	Green Thumb Club		Time Traveler's Wife		* My Favorite Brunette
		6:30	Monday TV: Golden Girls			3:15	VON Fall Prevention	2:00	Bingo	6:30	Euchre	6:30	Euchre
				3:00	Town Hall Meeting	6:30	Movie Night-	3:00	Music- Ken Lighthouse				
6:30	Movie Night- Still Alice			6:30	Poker Night		Lone Survivor	7:00	Bridge				