

Sample Activity Calendar

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



LIVE NOW
by **CHARTWELL**

Chartwell Georgian Retirement Residence

**255 Governor's Road
Dundas, Ontario
289-858-2973**

01	Hair Salon Open	02	Italy Day
10:30	Word Scramble	9:30	Morning News & Views
2:00	Guest Speaker: Liberal Candidate Ted McMeekin	4:00	Baseball Game: Blue Jays vs Tigers
3:00	Games with Paige	8:00	Hockey Night In Canada: Stanley Cup Playoffs

03	04	05	06	07	08	09
	10:45 Word Scramble	10:00 Trivia Tuesday (available @ front desk)		9:00 General Election Day Voting Station in Bistro	10:00 Outing: Walmart	
10:30 Hymn Sing		10:30 Town Hall Meeting	10:00 Vendor on Site: Traditions Alive	10:00 University Plaza	11:30 Lunch Bunch: Swiss Chalet	9:30 Morning News & Views
2:00 Resident Run: Uno	1:30 Heart & Soul Music Program	2:00 Resident Survey Information Session	10:30 Fit Minds	10:30 Short Stories	1:30 Outing: Limeridge Mall	10:15 Tai Chi with Ron
6:30 Cranium Crunches with Paige	2:00 Resident Survey Information Session	2:15 Gentle Exercises with Colin	2:30 Walking Group	1:30 Rosary Group	2:00 Stretch & Relax	
	8:00 Hockey Night In Canada: Stanley Cup Playoffs	6:00 Therapy Dog Visit	3:30 Popcorn Social	2:00 Resident Survey Information Session	2:30 Java Music Club	2:00 Entertainment: Paul Beattie
			6:30 Chocolate Bar Bingo	2:15 Gentle Exercises with Colin	3:00 Games with Paige	
10	11	12	13	14	15	16
	10:15 Yoga with Nancy	10:00 Trivia Tuesday (available @ front desk)	10:30 Fit Minds	9:00 Aqua Fit	10:30 Word Scramble	
10:30 Hymn Sing						9:30 Morning News & Views
2:00 Lemonade On The Patio	10:45 Word Scramble	2:15 Gentle Exercises with Colin	2:30 Walking Group (meet in the lobby)	10:00 University Plaza	2:00 Stretch & Relax	
	2:00 H.O.P.E.			11:00 Lunch Bunch: McDonalds	2:30 Java Music Club	2:00 Chocolate Bar Bingo
6:30 Cranium Crunches with Paige	Baking Cookies	6:00 Therapy Dog Visit	3:30 Popcorn Social		3:00 Games with Paige	
		6:30 Entertainment: Peter Arthur	6:30 Chocolate Bar Bingo	2:15 Gentle Exercises with Colin	6:30 Entertainment: Tristan Alexander	4:00 Baseball Game: Blue Jays vs. Nationals
	6:30 Monday Night Movie					
17	18	19	20	21	22	23
	10:15 Yoga with Nancy	10:00 Trivia Tuesday (available @ front desk)	10:30 Fit Minds		10:30 Word Scramble	
10:30 Hymn Sing				10:00 Vendor on Site: Sassy's Boutique		9:30 Morning News & Views
2:00 Father's Day Celebration Entertainment: with Robert Macerollo	10:45 Word Scramble	2:15 Gentle Exercises with Colin	2:30 Walking Group (meet in the lobby)		2:00 Stretch & Relax	10:15 Tai Chi with Ron
	1:30 Heart & Soul Music Program	6:00 Therapy Dog Visit	3:30 Popcorn Social	10:30 United Church Service	3:00 Games with Paige	
6:30 Cranium Crunches with Paige			6:30 Chocolate Bar Bingo	2:15 Gentle Exercises with Colin	6:30 Summer Kick Off Movie & Popcorn	9:00 Baseball Game: Blue Jays vs Angels
	6:30 Monday Night Movie					
24	25	26	27	28	29	30
	10:15 Yoga with Nancy	10:00 Trivia Tuesday (available @ front desk)	9:30 Health Checks	9:00 Aqua Fit	10:30 Word Scramble	
10:30 Hymn Sing				10:00 University Plaza		9:30 Morning News & Views
2:00 Resident Run: Tile Rummy	10:45 Word Scramble	10:30 Ambassador's Club	10:30 Fit Minds	10:00 Vendor on Site: EZ Fit Shoes	1:00 Spring Craft with Julie & Katerina	2:00 Chocolate Bar Bingo
	2:00 H.O.P.E.		2:00 Monthly Birthday Party with Kim Atkins			
6:30 Cranium Crunches with Paige		2:15 Gentle Exercises with Colin		1:30 Outing: Country Drive	2:00 Stretch & Relax	6:30 Movie & Popcorn
	6:30 Monday Night Movie		6:30 Chocolate Bar Bingo	2:15 Gentle Exercises with Colin	2:30 Java Music Club	
		6:00 Therapy Dog Visit			3:00 Games with Paige	