

Sample Activity Calendar

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



LIVE NOW
by **CHARTwell**

Waterford Retirement Residence

2160 Baronwood Drive

Oakville, Ontario

289-644-2950

01

10:00 Bank & Hair Dressers

10:30 Chair Yoga

10:30 Vendor

11:00 Rosary

1:30 Frozen Friday Drinks
on the Patio

6:30 Euchre

02

10:30 Coffee & Conversation

2:30 Entertainment with:

Derek Byrne
4:30 Church Run with Dennis

6:30 Movie Night & Popcorn

03		04		05		06		07		08		09	
9:00	Church Run with Dennis	10:00	Bank & Groceries	10:30	Rhythm n' Moves	10:30	Camp Day Tim Hortons	10:00	Dementia Education	10:00	Bank & Hair Dressers	10:30	Outing:
11:00	Spiritual Sunday	10:30	Sit and Fit			10:30	Knitting	10:30	Exercise Circuit Training	10:30	Chair Yoga		Burlington Farmers Market & Lunch
		11:00	FitMinds	11:00	Giant Crosswords	10:45	Falls Prevention Class	9:30	Outing:	11:00	Pool 8 Ball		
1:30	Family Movie Afternoon			1:00	Halton Support Group	11:15	Physio Fitness Class		Grand River Boat Cruise	11:00	Rosary		
2:30	Ice Tea on the patio			1:30	Computer Class	2:30	Moment that Matter	2:00	Floor Survey Information	2:00	Yonana Ice Cream	2:30	Bingo
		2:00	Grand Opening	2:30	Java Music Club	2:30	Entertainment with:	3:00	Art Class	3:00	Sing- Along		
6:30	The Crown			7:00	Blue Jays on TV		Allan Allcorn	6:30	At the Movies with David			6:30	Movie Night & Popcorn
		6:00	Odd News			6:00	Good news with Sadie			6:30	Euchre		
10		11		12		13		14		15		16	
9:00	Church Run with Sue	10:00	Bank & Groceries	10:30	Rhythm n' Moves	10:30	Knitting	10:00	Dementia Education	10:00	Bank & Hair Dressers	10:30	Morning Horoscopes
11:00	Hymn Sing	10:30	Sit and Fit	10:30	Vendor	11:00	Walking Club	10:30	Exercise Circuit Training	10:30	Chair Yoga		
1:30	Family Movie Afternoon	10:45	Outing:	11:00	Giant Crosswords			10:00	Outing:	11:00	Pool 8 Ball	2:00	Cranium Crunches
			Music By Marcus & Lunch at Fionn MacCools	1:30	Computer Class	1:30	Java Music Club		Niagara Wine Tour	11:00	Rosary		
2:30	Lemon Aid on the patio			2:30	Things	2:30	Bridge	2:00	World Cup Soccer	2:00	Beer tasting & Pub Afternoon		
						2:30	Helen Calendar Meeting				Karaoke	4:30	Church Run with Dennis
		6:00	Cards:	7:00	Blue Jays on TV	6:00	Good news with Sadie	3:00	Art Therapy	6:30	Euchre	6:30	Movie Night & Popcorn
6:30	The Crown							6:30	At the Movies with David	6:00	World Cup Soccer		
17 FATHER'S DAY		18		19		20		21		22		23	
9:00	Church Run with Dennis	10:00	Bank & Groceries	10:30	Rhythm n' Moves	10:30	Knitting	10:00	Dementia Education	10:00	Bank & Hair Dressers	10:30	Outing:
11:00	Spiritual Sunday	10:30	Sit and Fit			10:30	Walking Club	10:30	Exercise Circuit Training	10:30	Chair Yoga		Mystery Green House Trip & Lunch
11:30	Father's Day BBQ			11:00	Giant Crosswords	10:30	Strawberry Picking	10:30	Outing:	10:30	Pool 8 Ball		
1:30	Family Movie Afternoon	11:00	Picnic in the park	1:30	Computer Class	1:30	Java Music Club		Flamboro Casino	11:00	Rosary		
2:30	Entertainment with Steve			2:00	Fire Education Presentation	2:30	Bridge	1:30	New Resident Orientation	2:00	Strawberry Bonanza	2:30	Bingo
3:00	Social Hour	3:00	Musical Theatre					2:00	Sing-a-long: Golden Oldies			3:00	Bronte 7th Church
6:30	The Crown	6:00	World Cup Soccer	7:00	Blue Jays on TV	6:00	Social with Sadie	3:00	Art Class			6:30	Movie Night & Popcorn
		6:00	Odd News					6:30	At the Movies with David	6:30	Euchre		
24		25		26		27		28		29		30	
9:00	Church Run with Sue	10:00	Bank & Groceries	10:30	Rhythm n' Moves	10:30	Knitting	10:00	Dementia Education	10:00	Bank & Hair Dressers	10:30	Wacky Words
10:00	St Mathew's Church Service	10:30	Sit and Fit			10:30	Walking Club	10:30	Exercise Circuit Training	10:30	Chair Yoga		
11:00	Hymn Sing	11:00	FitMinds	11:00	Giant Crosswords			10:00	Outing:	10:30	Pool 8 Ball	2:00	Coffee & Conversation
1:30	Family Movie Afternoon			1:30	Computer Class	1:30	Java Music Club		Stillwaters Paris	11:00	Rosary		
3:00	Social Hour	1:30	Monday Follies	2:00	Sangria on the patio	2:30	Bridge		& Shopping	2:00	Karaoke		
		2:30	Birthday Party with									4:30	Church Run with Dennis
6:30	The Crown		Tristan Alexander	6:00	Cards with Lenore	6:00	Good news with Sadie	6:30	At the Movies with David			6:30	Movie Night & Popcorn
		6:00	Cards							6:30	Euchre		